WATCH THE VIDEO LESSON NOW AND FOLLOW ALONG IN YOUR OUTLINE.

MEMORY VERSE

Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! (2 Corinthians 5:17)

CHECKING IN

Before you begin this study, we recommend that you review the Small Group Guidelines on page 216 of this workbook as a group.

- If this is your first time to meet as a group, or if you have any new group members, be sure to introduce yourselves.
- Share with the group what you hope to get out of this small group series.
Spiritual Growth happens in

1. **John 17:26 (NKJV)**

> Give us this day our daily bread.

> "For even I, the Son of God, came here not to be served, but to serve others." - John 12:47

2. **John 13:34 (NKJV)**

> "If you love one another, then everyone will know that you are my disciples." - John 13:34

3. **Malachi 3:10 (NKJV)**

> "For from the rising of the sun even to the going down of the same my name shall be great among the nations." - Malachi 3:10

4. **James 1:27 (NKJV)**

> "Blessed is the one who listens to who he has heard, but doing it—he will be blessed in what he does." - James 1:27

5. **Prayer is real power.**

6. **John 15:7 (NKJV)**

> "If you abide in me, and my words abide in you, you shall ask what you wish, and it shall be done for you." - John 15:7

> "Whatever you ask in prayer, believe that you have received it, and it shall be done for you." - John 15:7

7. **Mark 12:31 (NKJV)**

> "And the greatest of these is love. For this is the message that we have heard from him and declare to you, that God is love; and he who abides in love abides in God, and God abides in him." - Mark 12:31

**Spiritual Health is measured by**

- *Understanding and applying the Principles—live like you love him*

- *Knowing and following all your heart, all your mind, all your strength, and all your might*

- *Healing in your life and the lives of others*—your life is not to be driven but led—entrust it to the Lord, and he will guide. His Word.
**Spiritual Growth**

**Pick at least one or two**

**DISCOVER QUESTIONS**

What steps have you taken to grow spiritually? Why has the Bible been most effective?

**What themes can you learn through relationships that you can apply to your spiritual growth?**

In the video, Pastor Rick said, "Spiritual growth is not automatic. It is a choice." What does this mean to you?

What should you do to get in the way of your spiritual growth?

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**Matthew 24:23-25**

...the end of the age...
The Purpose: Why on earth can I have hope?
The Question of Significance: Does my life matter?
The Question of Existence: Why can I change?

Read the Purpose Prayer Life by Pastor Rick Warren. Since he first heard it...
Read the Memory Verse on page 5 every day this week as part of your quiet time...
Read the daily devotions for days 1 - 7 in your workbook...

For You

DIVING DEEPER

Want To Go Deeper In Your Spiritual Health?

Prayer Direction

Get a spiritual check-up. Most people want to be healthy, balanced, and strong.

THE THREE-MONTH SPIRITUAL HEALTH GOAL

Put it into practice. When you fail in this area of spiritual health, you need to make a three-month goal to grow in this area of your life. Then, talk about this with your prayer partner and share ideas with each other.
STATIONARY

WHAT ON EARTH AM I HERE FOR?

STARTER PACK

Included in your starter pack:

- The Purpose-Driven Life: The Journey of Discovering Your God-Given Purpose Book
- A CD: What On Earth Am I Here For?

FOR THE GROUP

and individually share one purpose that is working well and one that needs a little work.

After answering the questions, tally your results. Then pair up with another person.

Begin a discussion on page 220 of this workbook.

For more information on spiritual health, take 3-4 minutes alone to complete the Purpose Assessment of your spiritual health.
Now talk to God... 

What will you do?

What do you think?

What did you hear?

He loves the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. (John 3:16)
Now talk to God...

What will you do?

What do you think?

What did you hear?
Now Talk to God...

What Will You Do?

What do you think?

What did you hear?

TRANSFORMED IN MY SPIRITUAL HEALTH
Now talk to God...

What will you do?

What do you think?

What did you hear?

Identify and make all things new!

When you trust Christ, he gives you a brand new identity and your identity has changed. When you trust Christ, you become a new person. Jesus gives you a new identity.

What's the change? A New You!

The old life has gone, a new life has begun!

Anyone who belongs to Christ has become a new person.
Now talk to God...  

What will you do?

What did you think?

What did you hear?

The temptations in your life are no different from what others experience, and God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

Transformed in My Spiritual Health
Now talk to God...

What will you do?

What do you think?

What did you hear?
What will you do?

What do you think?

What did you hear?

Now talk to God.

What did you mean when we are unloved by God, as that we have displeased or...