Follow Along In Your Outline. Watch the Video Lesson Now and

Memory Verse

Let everybody know about it.

Week was the most meaningful to you?

Checking In

Transformed In My Relational Health
He who walks with the wise grows wiser.

2 Corinthians 13:14

Choose close friends who will...

Don't team up with those who are ungodly.

Proverbs 13:20 (NIV)

Do not eat the food of a stingy man... for he is the kind of man who lacks judgment.

1 Corinthians 6:11

1 Corinthians 15:4

The righteous choose their friends carefully.

Proverbs 27:19 (NIV)

A picture reflects a man's face, but what he is really like is shown by the kind of friends are the result of...

1 Corinthians 13:14

Two kinds of friends...
HOW TO BUILD HEALTHY FRIENDSHIPS

How can I attract that kind of friend? By being that kind of friend.

• Pray one another on loving, care, and good deeds.
  1 Peter 4:8 (NIV)

• Encourage one another and build each other up.
  Galatians 6:2 (NIV)

• Hear one another’s burdens.
  Proverbs 17:17 (NIV)

• A friend loves at all times, and a brother is born for adversity.
  Proverbs 27:17 (NIV)

• As iron sharpens iron, so one iron sharpens another.

Don’t be... of others.

Be a... listener and slow to speak.

Receive... in the heart of man is like deep water; but a man of understanding makes it glad.

Accept one another, just as Christ accepted you.

Help people... Get involved in...

A friend loves at all times.
JOHN 15:15 (NIV)

15:15 I am the true vine, and my Father is the gardener. He cuts off every branch of mine that bears no fruit, and throws it away. He keeps every branch that bears fruit, and prunes it so it will be more fruitful.

LUKE 6:30 (NIV)

6:30 "Do to others as you would have them do to you."

LUKE 6:49 (CEV)

6:49 He went all over town, telling everyone that Jesus had done for him.

1 Thessalonians 5:14-15 (NIV)

5:14 But pray for us. You want us to be saved—just as our Lord Jesus Christ wanted us to be saved.

PROVERBS 18:21 (NIV)

18:21 Death and life are in the power of the tongue, and those who love it will eat its fruit.

ROMANS 12:15 (NIV)

12:15 Rejoice with those who rejoice, and weep with those who weep.

PHILLIPPIANS 2:3 (NIV)

2:3 Do not be selfish; don't try to impress others. Be humble, thinking of others as
Prayer Direction

Month Goals: See on page 37 to 38.

Now transfer your Three-Month Relational Health Goal to your My Three-Month Relational Health Goal.

Putting it into Practice

Do you have any friends who don’t know Jesus Christ? Pray for their salvation with your group.

Be sure to pray for the requests in the Small Group Prayer and Praise List of the month. Your group.

Pray together about your three-month goal to build healthy relationships.

WRITE YOUR THREE-MONTH RELATIONAL HEALTH GOAL

Write your relational health goal in the space below. God will be more specific in your group.

God will be more specific in your group. We know that goals that are not expressed are very hard to meet, so where your ideas come from is the most important. Which of these characteristics do you need to develop in your own life?

Which of these characteristics do you need to develop in your own life? Which of these characteristics do you need to develop in your own life? Which of these characteristics do you need to develop in your own life? Which of these characteristics do you need to develop in your own life?
40 DAYS OF LOVE

THE RELATIONSHIP PRINCIPLES

and lived.

 fron spiritual principles that Jesus taught explore and implement six Founda-
and your friendships. Six weeks to
health to your marriage, your family,
In every day, bring new depth and

of Jesus

Divine Depth

WEB/SHOP/RESOURCES.COM

Consider the following next group study idea supplied:

FOR THE GROUP

Read the relationship principles of Jesus by John Eldredge. Based on an

Read the Memory Verses on page 125 every day this week as part of your quiet time.

Read the daily devotions for days 24 to 25 in your workbook.

Want to go deeper in your relational health?

www.saddlebackresources.com

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Want to go deeper in your relational health?
Now talk to God...

What will you do?

What do you think?

What did you hear?

It is a reality of Christ's Indwelling Power not our will-power. It is produced by the Holy Spirit. As Jesus sat there, He referred to the Spirit that fills our lives and lead us to a dependent relationship. If we are transformed, the indwelling Spirit will enable the Spirit to work through us. Being filled with the Spirit is not a result of our own efforts. We must remain in Him. Being filled with the Spirit is the result of being transformed, being filled with the Spirit, being transformed, being filled with the Spirit, and being filled with the Spirit. The only way to bear fruit is to abide in a relationship with Jesus. If we want to bear fruit, we must remain in Him. If we remain in Him, we will produce fruit. If we don't remain in Him, we will produce nothing. How did we abide in a relationship with Jesus? What did you hear?
What did you hear?

What will you do?

What do you think?

Now talk to God...

...
TRANSCFORMED IN MY RELATIONAL HEALTH

DAY 32

especially to them.

Now talk to God...“If this love...is not love, to love those who...is love, and lead to them...will be greater, and you will be sons of the Most High, because without expecting to get anything back, then your reward...will be like that of men who love their enemies, do good to them, and lead to them...”

What will you do?

What do you think?

What did you hear?
Now talk to God...  

What will you do?

What do you think?

What did you hear?

Go to www.lovemyneighbor.org

Don't feel anxious, grieve or angry. Repeat the Lord's prayer with someone or to yourself. Admit your struggles to God. Be transparent. Stand up for someone who could use a little extra strength in their life. 

LOVE is all you need. (I Pet 4:8 NVI)
Now talk to God...

What will you do?

What do you think?

What did you hear?
Before God, cast your cares upon him, and receive his grace.

When you are wrestling with a relationship, do what Peter says: HUMBLE YOURSELF

Cast all your care upon him, for he cares for you.